



Child Management

Associates

8831 S. Redwood Rd. Suite D1

West Jordan, UT 84088

Phone: 801-566-1007

Website: www.cmautah.net

Training Dates:

- March 2nd (Monday)** 6:00pm West Valley City Library: 2880 W. 3650 S, WVC- **Tongan Only**
- March 14th (Saturday)** 9:00am CMA Office: 8831 S. Redwood Rd. Suite D1, West Jordan- **Spanish Only**
- March 14th (Saturday)** 1:00pm West Valley City Library: 2880 W. 3650 S, WVC- **Vietnamese Only**
- March 23rd (Monday)** 6:00pm– Hunter Library: 4740 W. 4100 S, WVC
- March 23rd (Monday)** 6:00pm– Cedar City Library: 303 N. 100 E. #2610, Cedar City
- March 24th (Tuesday)** 5:00pm– Hurricane Library: 36 S. 300 W, Hurricane
- March 25th (Wednesday)** 6:00pm– Bingham Creek Library: 4834 W. 9000 S, West Jordan
- March 25th (Wednesday)** 6:00pm– Fairfield Inn: 990 W. 1350 S, Richfield
- March 30th (Monday)** 6:00pm– Murray Library: 166 E. 5300 S, Murray
- May 5th (Tuesday)** 6:00pm– Spanish Fork Library: 49 S. Main St, Spanish Fork

There will be NO make-up classes offered!

Everyone MUST attend a CMA Annual Training.

Please call our office to sign up.

Reminders

- **Training Reminders:** Make sure to be looking in the mail for reminder postcards about the training you are signed up for.
- **Introducing a New Monitor:** We would like to welcome Brianna Luna to our CMA staff. As of February 1st she is our new monitor. She speaks English. Her phone extension is #8.
- **Closing During Meals:** Please remember to call the office or text your monitor when you are closed or not home during meals!
- **Enrollment Renewal Reports:** If your last name starts with the letters E, F or Y, your enrollments will expire on March 31st. Please make sure to have the parents sign the forms and return to the CMA office by March 31.

New CMA Emails

alisiin@cmautah.net (Alisi)
 anitac@cmautah.net (Anita)
 briannal@cmautah.net (Brianna)
 chelseer@cmautah.net (Chelsee)
 debbiel@cmautah.net (Debbie)
 dorisw@cmautah.net (Doris)
 lital@cmautah.net (Litia)
 tuant@cmautah.net (Tuan)

Claim Due Dates

Please remember you have 4 business days to turn your claim in on time.

March	Mon. April 6	May 20
April	Wed. May 6	June 20
May	Thurs. June 4	July 20

**CMA's Regular
Office Hours**
 M-F 9:00 AM-
 4:30 PM!



Happy St. Patrick's Day!!!

Materials:

- White Disposable Coffee Filters
- Washable Markers
- Spray Bottle
- Green Construction Paper
- Glue Sticks

Rainbow Shamrock Sun Catcher



Directions:

1. Start by having the children use washable markers to color their coffee filters in a rainbow pattern. You will need one coffee filter for each sun catcher. Encourage the children to fill in all the white space. The more they decorate it, the more vivid the colors will be on their sun catcher.
2. Once they are decorated, spread the coffee filters out on paper towels. The paper towels will help lessen the mess during the next step.
3. Have your child spray their design with water using a spray bottle.
4. Allow the coffee filters to dry completely.
5. To make the frame for your shamrock sun catcher, fold a piece of green construction paper in half. Then fold it in half again.
6. Cut a heart from the folded paper, using the inner corner of the paper as the heart's point, leaving the sides intact.
7. This will create a shamrock shaped hole in the paper. It's important that the heart you cut is a little smaller than 1/4 of the size of your coffee filter.
8. Next, cut around the outside of the shamrock shape to make the frame.
9. Use a glue stick or clear tape to attach the clover frames onto one of the tie-dyed coffee filters.
10. Use scissors to trim off the extra coffee filter.
11. Then hang your rainbow catchers on your window and enjoy the beautiful colors.



St Patrick's Day Veggie Rainbow



Materials: Red, Yellow, Green Bell Peppers, Cauliflower, Avocados or premade Guacamole

Start by slicing the bell peppers. Next, separate the cauliflower into small pieces. Now you can either make your favorite homemade guacamole, or you can use premade from the store. Scoop some guacamole into little serving cups. Then, place bell peppers over the guacamole alternating red, yellow and green to make the rainbow. Place two pieces of cauliflower on either side of the rainbow to look like clouds. Enjoy!

Shamrock Chips with Pot of Gold Dip



Materials: Large Heirloom Tomatoes, Onion, Salt, Lime Juice, Cilantro, Yellow Bell Pepper, Garlic Clove, Spinach Tortilla Wraps, Shamrock Cookie Cutter

Start by making the Pot of Gold Dip. Blend 2 large heirloom tomatoes (chopped), 1/3 cup of onion (chopped), 1/4 cup of cilantro, 1/3 cup of diced yellow bell peppers, and a finely minced clove of garlic into the blender. Add in 1/2 tsp of salt and 1 tsp of lime juice and blend with the other ingredients. Next make the shamrock chips. Preheat the oven to 375 degrees. Use the shamrock cookie cutter to cut shamrocks out of the spinach tortilla wraps. Spread the shamrocks on a cookie sheet. Bake for 5-6 minutes until the edges are golden brown. Enjoy this fun St. Patrick's Day twist on chips and salsa!